



Church and Parish Organiser Forms and Information 2020 for Saturday 12th September 2020

COVID-19 UPDATE

We are delighted to announce that the WCHCT will be running Ride and Stride on September 12th 2020 within Covid-19 guidelines and regulations. Exercise has become important to many of us since March 2020 and Ride and Stride is the perfect opportunity to get out and about, so we hope you will encourage everyone to join in.

- We are not asking churches to open for Ride and Stride this year. Some may be open and will have their own
 measures in place for social distancing etc. Riders and Striders can simply ride or walk past churches instead.
- Riders and Striders should follow all government and local regulations and guidelines in force on September 12th 2020 about who they exercise with, social distancing and any other Covid-19 measures.
- We advise that all Riders and Striders take their own refreshments and hand sanitiser with them and bear in mind that toilets are unlikely to be available.
- There should be no Register of Visitors to sign. If Riders or Striders wish to demonstrate they have ridden past churches they should take selfies on their phones.

Ride and Stride allows much needed funds to be raised to keep our church heritage in good repair into the future. The sponsored money raised is divided equally between a named church (chosen by the participant) and the County Trust, who are then able to make grants to other needy churches.

We are running awards again this year with £250 being given to the church and £100 to the individual rider or strider generating the most sponsorship and submitting it by 31st October 2020.

To help raise as much sponsorship as possible for your church, why not find a Parish Champion that can ride or walk? They can be sponsored by the congregation as well as locals in the community.

You will find all the documents you will need for this year's event or on our website www.warwickshirechurches.org.uk/im-a-church-parish-coordinator/ along with our suggested routes for your riders and striders. Please do not hesitate to get in touch with us if you have any queries.

Risk Assessments

Health and safety is of the upmost importance and on the advice of the National Churches Trust we have put on our website www.warwickshirechurches.org.uk/i-want-to-ride-or-stride/ a risk assessment that you and your participants must read before starting the event. If you have any questions in relation to the risk assessments then please contact our coordinator at admin@warwickshirechurches.org.uk

R&S forms and documents for churches

Poster Please add your name at the bottom as the contact and put up as soon as possible around your

church and on signs out the front.

Registration form This is the form Riders and Striders will need.

Register of Visitors For COVID-19 safety reasons we are not advising churches NOT to keep a register of visitors this year.

Sponsor FormThis form and Virgin Money Giving information available to everyone participating. **Stickers**These are for use at your church or chapel gate or porch to welcome Riders & Striders.

Safety information (must be read by all participants).

We do hope you all have a really excellent day and please let us know of any stories that you would like us to include on our website and our newsletter.

Best wishes

Sarah Constable, Administrator & Ride Co-ordinator The Warwickshire and Coventry Historic Churches Trust Email: admin@warwickshirechurches.org.uk, Telephone: 07971 554112