

## Rider and Strider Forms and Information 2020 for Saturday 12th September 2020

Thank you very much for taking part in our 'Ride and Stride' event. This annual event offers a wonderful opportunity for us to work in partnership to raise much-needed funds to help keep our church heritage in good repair for future generations. The money you donate yourself or collect from your sponsors is divided equally between the church nominated by yourself and the County Trust, who are then able to make grants to needy churches.

### COVID19 UPDATE:

We are delighted to announce that the WCHCT will be running Ride and Stride on September 12th 2020 within Covid-19 guidelines and regulations. Exercise has become more important to many of us since March 2020 and Ride and Stride is the perfect opportunity to get out and about. We hope you will join us.

- Many churches will not be open, and those that are will have their own measures in place for social distancing etc. Riders and Striders can simply ride or walk past churches.
- Riders and Striders should follow all government and local regulations and guidelines in force on September 12th 2020 about who they exercise with, social distancing and any other Covid-19 measures.
- We advise all Riders and Striders take refreshments and hand sanitiser with them and bear in mind that toilets are unlikely to be available in churches.
- There will be no Register of Visitors. If Riders or Striders wish to demonstrate they have ridden past churches they should take selfies on their phones.

On our website [www.warwickshirechurches.org.uk](http://www.warwickshirechurches.org.uk) you will also find a number of Local Rides with routes covering different parts of the county, risk assessment information and downloadable copies of stickers.

### Forms and Information for Riders and Striders:

- What you need to do now
- Registration form
- Sponsorship form
- How to set up a Virgin Money Giving Page online
- Safety information (must be read by all participants)



Photos taken before Covid-19 regulations